



# 7th Annual Kathryn Bender 5K Walk/Run

**Why:** To support KBMF in purchasing EKG machines that provide heart screenings of young adults.

**What:** 5K (3.1 mile) run on track (NO times)  
ALL runners and walkers welcome!

**When:** Saturday, August 24th, 2013 (no rain date)

**Where:** Naperville North High School  
(Football Field Track)  
899 Mill St. Naperville, IL 60563

**Cost:** Pre-registration: \$20/person or \$60/family  
(Must be received by August 10th)  
Late registration: \$25/person or \$75/family  
(August 11th - Morning of Race)

**Register:** Fill out and return the bottom portion of this form with payment to:  
Kathryn Bender Memorial Foundation  
P.O. Box 52  
Naperville, IL 60566  
(Make checks payable to: KBMF)



Last year's 5K walk/run!

### Day of Race:

8:30AM

- > Check-in/registration
- > T-shirt distribution

9:00AM

- > Walk begins

After the walk

- > Enjoy complimentary food and water
- > Visit with all of your friends, old and new!

## KBMF 5K Walk/Run Registration

I am registering and have enclosed a payment for (choose one):

- Individual Pre-registration (before August 10th) \$20.00
- Family Pre-registration (before August 10th) \$60.00
- Individual Late-registration (August 11th - morning of race) \$25.00
- Family Late-registration (August 11th - morning of race) \$75.00

Runners Name(s) (please print)

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Contact Phone Number

E-mail Address

### T-Shirt Sizes

**Guaranteed if registered by August 10th.**

Please write the # of shirts per size for family registration.

Youth S	_____	Adult M	_____
Youth M	_____	Adult L	_____
Youth L	_____	Adult XL	_____
Youth XL	_____	Adult XXL	_____
Adult S	_____	Adult XXXL	_____

By signing this registration, I know that running a race is a potentially hazardous activity. I assume all risks associated with running this event. Having read this waiver and knowing these facts, I and anyone entitled to act on my behalf, waive and release all rights and claims for damages I may have incurred against all organizers, Kathryn Bender Memorial Foundation, Naperville North High School, Naperville Community Unit School District #203 and sponsors as a result of participation .

Signature of person responsible for party (must be over 18)