

10th Annual Kathryn Bender 5K Walk/Run

Why: To support KBMF in purchasing EKG machines that provide heart screenings to young adults.

What: 5K (3.1 mile) run on track (NO times)
ALL runners and walkers welcome!

When: Saturday, August 20th, 2016 (no rain date)

Where: Naperville North High School
(Football Field Track)
899 Mill St. Naperville, IL 60563

Cost: Pre-registration: \$20/person or \$65/family
(Must be received by August 10th)
Late registration: \$25/person or \$80/family
(August 10th - Morning of Race)

Register: Fill out and return the bottom portion of this form with payment to:
Kathryn Bender Memorial Foundation
P.O. Box 52
Naperville, IL 60566
(Make checks payable to: KBMF)



Past KBMF 5K walk/run!

Day of Race:
8:30AM
 > Check-in/registration
 > T-shirt distribution
 9:00AM
 > Walk begins
 After the walk
 > Enjoy complimentary food and water
 > Visit with all of your friends, old and new!

KBMF 5K Walk/Run Registration

I am registering and have enclosed a payment for (choose one):

- Individual Pre-registration (before August 10th) \$20.00
- Family Pre-registration (before August 10th) \$65.00
- Individual Late-registration (August 11th - morning of race) \$25.00
- Family Late-registration (August 11th - morning of race) \$80.00

T-Shirt Sizes

If you would like t-shirts, please write the # of shirts per size.
Guaranteed if registered by August 10th.

Youth S	_____	Adult M	_____
Youth M	_____	Adult L	_____
Youth L	_____	Adult XL	_____
Youth XL	_____	Adult XXL	_____
Adult S	_____	Adult XXXL	_____

Runners Name(s) (please print) _____

Contact Phone Number _____
 E-mail Address _____

By signing this registration, I know that running a race is a potentially hazardous activity. I assume all risks associated with running this event. Having read this waiver and knowing these facts, I and anyone entitled to act on my behalf, waive and release all rights and claims for damages I may have incurred against all organizers, Kathryn Bender Memorial Foundation, Naperville North High School, Naperville Community Unit School District #203 and sponsors as a result of participation .

Signature of person responsible for party (must be over 18) _____