

Kathryn Bender Memorial Foundation



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Spring 2010

An Evening of Celebration

The time is just about here for the 5th Annual Kathryn Bender Dance Showcase. Come to enjoy an evening of dance, music, raffles, food, friends and fun.

When: Friday May 14th, 2010

Where: College of DuPage Arts Center in Glen Ellyn, IL

Time: Event starts at 6pm, Show starts at 7:30pm

~2010 Participants~

DuPage Dance Team
Extensions Dance Company
Inside Out Dance Company
Metea Valley HS Orchestis
Naperville Central HS Orchestis
Naperville North HS Orchestis
Naperville Park District
Neuqua Valley HS Orchestis
School of Performing Arts
Soul Unique
Steps Dance Center
Under Pressure
Waubonsie Valley HS Orchestis
and
Thodos Dance Chicago



Kathryn Bender, 2005

Ticket Info: Buy tickets at the door or call College of DuPage Ticket Office at 630-942-4000.

Tickets can also be ordered online at:
<http://www.cod.edu/ArtsCntr/> then click on "Order Tickets Online"

Price: \$15 adults and \$12 students/seniors

If you are interested in ordering a t-shirt for the event please fill out the enclosed t-shirt order form. An order form can also be found on our website.



Please visit us on the web at
www.kbmf.net

Dates to Remember

~APRIL 15TH ~
KATHRYN'S 22ND BIRTHDAY

~MAY 14TH~
5TH ANNUAL KATHRYN BENDER
DANCE SHOWCASE

~AUGUST 21ST~
4TH ANNUAL KBMF 5K WALK/RUN

Thodos Dance Chicago performs at KBMF Showcase

Thodos Dance Chicago is a critically acclaimed contemporary dance company with a vibrant, award-winning style. The Company performs on the national and international dance circuits, as well as in Chicago's most prominent dance events.
(www.thodosdancechicago.org)



Thodos Dance Chicago

KBMF is proud to welcome Thodos Dance Chicago as our special guests at this years showcase!

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4th Annual 5K Walk/Run

This year's 5K will be held on **Saturday August 21st** at **Naperville North High School**. We will use the track around the football field.

A walk registration form has been included in this newsletter. You can also find the walk registration form on our website at www.kbmf.net under the 'Fundraisers' section.

We are currently looking for sponsors for this year's

walk. If you know of a company that would like to sponsor KBMF's 5K this year, please send us an e-mail from our website under the 'Contact Us' section.

Last year, over 125 people ran the 5K. Help us make this year even bigger!

Grab those tennis shoes, strollers and KBMF visors! We'll see you at NNHS!



Photo from last year's 5K, "Ready, Set, Go!"

Special Events

April 15th, 2010 would mark Kathryn's 22nd birthday. She also would have been preparing to graduate college this year.

As we think about that, we would like to send our congratulations to all of her friends that are graduating this year!

As we look towards our 5th KBMF Dance Showcase, we would like to share a short excerpt from the song that Elizabeth and Nicholas will be dancing to in her honor.

"Everybody" by Ingrid Michaelson

Happy is the heart that still feels pain

Darkness drains and light will come again

Swing open up your chest and let it in

Just let the love, love, love begin

A Brick of Remembrance

Kathryn attended preschool at Hobson Cooperative Nursery School in Naperville. They are collecting donations to create a pathway of engraved bricks. KBMF purchased a brick in Kathryn's memory. Thanks Hobson!

Chocolate, Chocolate & More Chocolate!

KBMF was asked for the third year in a row to attend the Naperville Chocolate Festival in January.

The Chocolate Festival is put on by NCO Youth & Family Services and was started seven years ago.

We were able to sell several of our Chocolate Thursday's cookbooks to help raise money and awareness about sudden death.

Thanks to NCO for putting on another great event!



KBMF Collects and Delivers 'Kathryn's Bears'

This past holiday marks our fourth year of collecting and distributing bears and other stuffed animals to Children's Memorial Hospital.

We would like to thank Steps Dance Center for donating and housing the collection until they were delivered to their new home!

We would also like to thank family, neighbors and friends for contributing to the collection this year.

We delivered over 200 stuffed animals to Children's Memorial! We were able to interact with many children and allowed them to choose their favorite stuffed animal to keep!


Children's Memorial Hospital
Where kids come first.



Thank you...

CSX Transportation - for their donation to KBMF

Honeywell Corp. - for their donation to KBMF

Nick Melville - for keeping the website updated

Joanne Marty - for her support towards KBMF

Midwest Heart Foundation - for participating in KBMF fundraisers and for their continued research and fundraising for Sudden Death

Ray Kinney at Minute Man Press - for printing our newsletter

STEPS Dance Center - for continuing to volunteer and help KBMF with fundraising activities

Steve Mahoney - for his continued support and dedication to KBMF

And everyone who continues to support and donate to KBMF

KBMF IS LOOKING FOR FUNDRAISING IDEAS!

AS WE LOOK TO BROADEN AWARENESS ABOUT SUDDEN DEATH, KBMF IS LOOKING FOR ADDITIONAL WAYS TO REACH OUT.

IF YOU HAVE ANY SUGGESTIONS, PLEASE KEEP US IN MIND!

(I.E. SPORTING EVENTS, RESTURANTS , ETC.)

E-MAIL US AT OFFICERS@KBMF.NET

Kathryn Bender Memorial Foundation
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