



Kathryn Bender Memorial Foundation

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Spring 2012

Kathryn Bender Dance Showcase

The time is just about here for the 7th Annual Kathryn Bender Dance Showcase. Come to enjoy an evening of dance, music, raffles, food, friends and fun.

When: Saturday May 19th, 2012

Where: Naperville North High School Performing Arts Center

Time: Event starts at 6:30PM

Show starts at 7:30PM

- ~2012 Participants~
- B-Discovered Dance Co
- College Dance
- Design Dance Co
- Dream Contemporary Dance
- Extensions Dance Company
- Inaside Chicago Dance
- MADD Rhythms
- Metea Valley HS Orchesis
- Naperville North HS Orchesis
- Naperville Park District
- Neuqua Valley HS Orchesis
- Steps Dance Center



Kathryn Bender, 2005

Ticket Info: Buy tickets at the door or order online at

<http://huskietix.thundertix.com/>

Price: \$15 adults and \$12 students/seniors

If you are interested in ordering a t-shirt for the event please fill out the enclosed t-shirt order form. An order form can also be found on our website.



Please visit us on the web at www.kbmf.net

Dates to Remember

~APRIL 15TH ~
KATHRYN'S 24TH BIRTHDAY

~MAY 19TH~
7TH ANNUAL KATHRYN BENDER
DANCE SHOWCASE

~AUGUST 18TH~
6TH ANNUAL KBMF 5K WALK/RUN

M.A.D.D. Rhythms to perform again at KBMF Showcase

M.A.D.D. RHYTHMS is a phenomenal TAPdance collective whose "SOLE" purpose is to spread the Love and Joy of TAP worldwide. What started as **Bril Barrett's formula for giving back, is now a full-fledged performing arts company**, quickly gaining a reputation for representing the true essence of tap: RHYTHM! The company is composed of young, versatile tap dancers from all over Chicago. Their ages range from 18 to 33, and their backgrounds are as equally diverse. The one thing they all have in common is a love for "the dance". (maddrhythms.com)



M.A.D.D. Rhythms at 2011 Showcase

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6th Annual 5K Walk/Run

This year's 5K will be held on Saturday August 18th at Naperville North High School. We will use the track around the football field.

A walk registration form has been included in this newsletter. You can also find the walk registration form on our website at www.kbmf.net under the **'Fundraisers'** section.

We are currently looking for sponsors for this year's

walk. If you know of a company that would like **to sponsor KBMF's 5K** this year, please send us an e-mail from our website under the **'Contact Us'** section.

Last year, over 180 people ran the 5K. Help us make this year even bigger!

Grab those tennis shoes, strollers and **KBMF visitors!** **We'll see you at NNHS!**



Last year's 5K

6 Years of Collecting and Delivering 'Kathryn's Bears'



This past holiday marks our sixth year of collecting and distributing bears and other **stuffed animals to Children's Memorial Hospital.**

We would like to thank Steps Dance Center and Beata Lezerkiewicz D.D.S. for donating and housing the collection until they were

delivered to their new home!

We would also like to thank family, neighbors and friends for contributing to the collection this year.

We delivered over 350 **stuffed animals to Children's Memorial!**

 Children's Memorial Hospital
Where kids come first.



2nd 'FUNraiser' California Style

KBMF held our second dinner 'FUNraiser' at California Pizza Kitchen in Warrenville Thursday, March 8th. Thank you to all who ordered carry-out or dined-in. We raised over \$500 dollars that evening thanks to your support. A special thank you goes to Kathryn Erdmann of CPK for helping us organize and promote the event. Stay tuned for our next dinner fundraiser coming soon!



'YOUNG HEARTS 4 LIFE' HIGH SCHOOL EKG SCREENING INFORMATION

List of Participating Schools:

Addison Trail, Barrington, Belvidere, Belvidere North, Benedictine University, Benet Academy, Butler Jr., Chicago Hope Academy, Deerfield, Downers Grove North, Downers Grove South, Fenton, Fenwick, Geneva, Glenbard, Glenbard East, Glenbard North, Glenbard South, Glenbard West, Immaculate Conception, Lake Forest, Lakes Community, Libertyville, Lincoln Hall Middle, Lisle Senior, Metea Valley, Montini, Naperville Central, Naperville North, Neuqua Valley, North Chicago, Proviso West, Reavis, Rockford East, St. Charles East, St. Charles North, Swedish American Belvidere, Swedish American Heart Hospital, Trinity, Waubonsie Valley, West Aurora, Wheaton Academy, Wheaton Warrenville South, Willowbrook



EKG screening setup

Young Hearts 4 Life is always looking for volunteers to help with the screening process and spreading the word. Please call them at (630) 932-2165 to learn about volunteer opportunities that best suit your interests and availability.

Facts at a Glance:

- ~More than 7,000 young people under 18 years of age die from undetected heart conditions each year.
- ~Young athletes suffer sudden cardiac death at a rate 2 to 3 times as high as their less active peers.
- ~HCM is the most common cause of sudden cardiac death in young adults comprising more than 1/3 of cases.
- ~HCM is a genetic abnormality present in approximately 1 in 500 people.
- ~Approximately 40% of young adults at risk for sudden death may be detected with an EKG.

Facts taken from MidwestHeart.org

Thank you...

CSX Transportation - for their donation to KBMF

Honeywell Corp. - for their donation to KBMF

Nick Melville - for keeping the website updated

Joanne Marty - for her support towards KBMF

Midwest Heart Foundation - for participating in KBMF fundraisers and for their continued research and fundraising for Sudden Death

Naperville North High School - for donating the proceeds from their annual One Acts production

Ray Kinney at Minute Man Press - for printing our newsletter

STEPS Dance Center - for continuing to volunteer and help KBMF with fundraising activities

Steve Mahoney - for his continued support and dedication to KBMF

And everyone who continues to support and donate to KBMF

Join our Facebook page.
Kathryn Bender Memorial Foundation



Here is the new KBMF logo!
Thanks to Rebecca Bootz for her artistic talents!



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